

Biography

José Manuel González Barrera, Teacher of Psychology of Emotion, Motivation and Learning, UNED, Seville.

Psychology of Emotion: emotions have an eminently functional, allow us to cope with the demands and challenges that the environment presents us, facilitate communication and social interaction and respond to progress, positive or negative, in the obtaining of goals and, therefore, will motivate future actions. To fulfill such functions required to put in place systems that continuously recorded the torrent of information from the outer and inner world to resolve in a quick and flexible the challenges whose consequences are significant for our survival and well-being.

Many of the progress made in his study, but about the emotions there are still unknowns pending. Their scientific study requires at different levels of analysis because emotions are not a unitary phenomenon, but multidimensional. Thus, the excitement includes the analysis of meaningful situations, various levels of processing and responses that are observable behaviors physiological changes, ranging from vocal expression or gesture to sequences of behaviors, in addition to internal subjective states referred to as

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